



# Bone & Joint Journal

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## Brian Haycook, MD

Board Certified, ABOS  
Spine Surgery

## John Stark, MD

Board Certified, ABOS  
Hand Surgery

## Sina Kasraeian, MD

Board Eligible, ABOS  
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## Andrea Trescot, MD

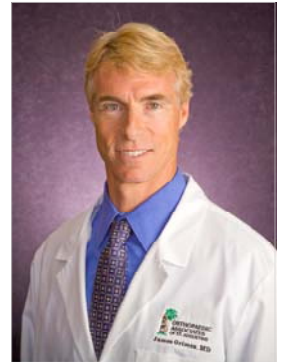
Brd. Cert. ABIPP, ABA, ABPM  
Pain Management

## Beth S. Pearce, DPM

Board Certified, ABOPPM  
Podiatry Orthopaedics

## Dr. Grimes Voted Orthopaedic Dept. Chair

James Grimes, MD was recently voted in as the Chairman for the Department of Orthopaedics at Flagler Hospital. The Department of Orthopaedics is a new department to Flagler Hospital and was spearheaded by Dr. Grimes.



James Grimes, MD

Dr. Grimes holds two Board Certifications with the American Board of Orthopaedic Surgery - one in Orthopaedic Surgery, the other in Sports Medicine. Dr. Grimes is the past Chief of Surgery at Flagler Hospital and a founding partner of Orthopaedic Associates of St. Augustine, where he specializes in sports medicine and joint surgery.

## Xiaflex® Treatment Offered by Dr. Stark



Dr. Stark is now using Xiaflex® injection for the treatment of Dupuytren's contracture, a slow developing but eventually restrictive deformity of the hand. This is an office procedure that allows for fast recovery with minimal downtime and minimal post procedure therapy.

Dupuytren's contracture affects the connective tissue under the skin of the palm. Knots of tissue form that eventually progress to a thick cord. It is this thick cord of tissue that can pull one or more (usually the pinky and ring) fingers into a bent position. Once this occurs, the fingers affected by Dupuytren's contracture can't be straightened completely, which can complicate everyday activities.

In the past Dupuytren's contracture has been treated with complex surgery. Since the approval and release of Xiaflex®, this procedure can now be completed in the office. The process entails an initial visit followed by insurance approval and then an office visit for the injection. Xiaflex® works by breaking down the collagens that make up the cord. The following day a manipulation procedure is done with a local anesthetic and the finger(s) are splinted. Therapy, to regain range of motion, is the final step.

For more information, please call our office at 904.825.0540.



John Stark, MD

# OASA Raises \$20K for Wildflower Clinic

The Third Annual Orthopaedic Associates of St. Augustine Golf Tournament was held on Tuesday, October 11th at the St. Johns Golf and Country Club. The tournament, which welcomed 112 golfers, raised \$20,000 to benefit The Good Samaritan Health Centers' Wildflower Clinic in St. Augustine.

Lynnette Horwath, Executive Director of the Good Samaritan Health Centers, expressed her gratitude at the awards luncheon, "This donation of almost \$20,000 will cover the cost of clinic operations for over a month. This has a huge impact on a small clinic like ours." The annual golf tournament is just one of many ways in which the doctors of Orthopaedic Associates of St. Augustine are committed to giving back to their local community.



From left to right: Dr. Kasraeian, Dr. Haycock, Dr. Pearce, Dr. Stark, Dr. Volk, Dr. Hort & Lynnette Horwath.

## CONTEST!!!

Answer all of the questions below correctly for a chance to win a  
**\$50 gift certificate** to a local St. Augustine Restaurant!

James Grimes, MD was recently voted in as the Chairman for the Department of Orthopaedics at Flagler Hospital. True/False

Dr. Stark is now using \_\_\_\_\_ injection for the treatment of Dupuytren's contracture.

Xiaflex® works by breaking down the collagens that make up the cord. True/False

The annual OASA Golf event raised \$ \_\_\_\_\_ for the Wildflower Clinic.

The annual golf tournament is just one of many ways in which the doctors of Orthopaedic Associates of St. Augustine are committed to giving back to their local community.

True/False

Fax by March 28th to 904.825.2490

Attn: Francine Quesada, Marketing Director (Hint: All answers are in the newsletter.)

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_