

PREOPERATIVE CHECK LIST:

If you take aspirin a day or are on Coumadin, Plavix or other “blood thinners”, you will need to discuss with your family doctor and surgeon when to stop these medications prior to surgery and when you can safely re-start these medications.

Do not eat or drink anything after midnight the night before your surgery. The day before your surgery please drink plenty of fluids (water, juice, or Gatorade).

Please call the surgery center at (904) 209-1400 if you have questions about B/P, cardiac, or diabetes medication.

The day of surgery please stay near the phone that you have given to the surgery center as you main point of contact. Please stay by your phone in case you are called for a time change; some procedures take less time to complete than others, or there may be cancellations.

Please pick up any pain medications, crutches, and walkers prescribed by your surgeon the day before your surgery.

You must have someone drive you to and from the surgery center. You must make arrangements to have someone stay with you for 24 hours following your surgery.

You may have financial responsibility for your procedure. Please make sure you have spoken to a member of the business office to assist you with this information. You will be expected to pay your financial responsibility prior to your procedure.

The surgery center will make all attempts to contact you to give you a complete list of instructions. Please use the above instruction only as a guideline; it would be best if you speak to one of the nurses from the Surgery Center.